



JANUARY 2024

ST GREGORY THE GREAT

K-8

Catholic School Week
January 28- February 2



Menu is subject to change.

NYS LOCAL FOODS

**Upstate Farms Dairy
-milk, yogurt, sour cream
*LynOaken Farms Apples
*Local Farm Vegetables and Fruit
used in Meal Program
highlighted in green*

In addition to the Entrée of the Day, we also serve the following Items Daily:

*Salads Made to Order
(Includes Flatbread) 2M2G*

Peanut Butter & Jelly Sandwich (2M2G)

*Fruit & Yogurt Parfait
w/Flatbread(2M2G)*

Hot Dog w/ Bun (2M/2G)



*Offered daily
with all School Lunches:
Fresh or Prepared Fruit
(Must take 1/2 cup of Fruit or Vegetable –
may take up to 1 cup)*

*NY State Non or Low Fat
White or
Non Fat Chocolate Milk 8oz*

LUNCH \$3.25



PAY FOR MEALS ONLINE
MySchoolBucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
1  NYS Potatoes NYS Cabbage NYS Apples	2 Chicken Nuggets ----- Black Bean Salad 3/4 C Carrot Bites 1/2C NYS Apple -1 Piece Milk-8oz	3 Meatballs w/Sauce Garlic Texas Toast ----- Romaine Salad 1C Fruit 1/2C Milk-8oz	4 Pepperoni/Cheese Pizza ----- Green Beans 1/2C Celery Sticks 1/2C Fresh Fruit 1 piece Milk-8oz	5 Mac & Cheese ----- Carrots 1/2C Corn 1/2C Fruit 1/2C Milk-8oz
8 Chicken Patty Sandwich ----- French Fries 1/2C Fruit 1/2C Milk-8oz	9 Doritos Walking Taco w/ Meat & Cheese ----- Black Beans 1/2C Broccoli 1/2C Fruit 1/2c Milk -8oz	10 Chicken Alfredo Pasta Garlic Bread ----- Romaine Salad 1C Fruit 1/2C Milk-8oz	11 Pepperoni/Cheese Pizza Bflo Style Pizza ----- Romaine Salad 1C NYS Apple-1Piece Milk-8oz	12 Hamburger/Cheeseburger ----- NYS Coleslaw 1/2C Carrots 3/4C Fruit 1/2C Milk-8oz
15 	16 Chicken Nuggets ----- Corn 1/2 C Cucumber 1/2C NYS Apple -1 Piece Milk-8oz	17 Spaghetti w/ Meat Sauce Garlic Bread ----- Romaine Salad 1C Mixed Vegetables 1/2C Fruit 1/2C Milk-8oz	18 Pepperoni/Cheese Pizza Bflo Style Pizza ----- Carrots 3/4C Green Beans 1/2C Fresh Fruit -1 PC Milk -8oz	19 Soft Shell Taco w/ Meat & Cheese ----- Black Beans 1/2C Steamed Broccoli 3/4c Fruit 1/2c Milk-8oz
22 Hamburger/Cheeseburger ----- French Fries 1/2C Baked Beans 3/4C Fruit 1/2c Milk-8oz	23 Grill Cheese Sandwich w/ Tomato Soup ----- Carrots 3/4C Fruit 1/2c Milk-8oz	24 BBQ Pulled Pork Sandwich ----- Broccoli 3/4C Italian Pasta Salad NYS Apple -1 piece Milk-8oz	25 <u>Opposite Day</u> <u>Breakfast for Lunch</u> French Toast Sticks Sausage ----- Roasted Red Potato Wedges 3/4C Juice Rush=1/2C Fruit Milk-8oz	26 Pepperoni/Cheese Pizza Bflo Style Pizza ----- Green Beans 3/4C Romaine Salad 1C Fruit 1/2C Milk-8oz
29 5 th - 8 th Bag Lunch ----- Turkey Sub PB&J Sandwich Chips Carrot Bites NYS Apple Milk-8oz	30 Chicken Nuggets w/ Seasoned Noodles ----- Corn 1/2C Cucumbers 1/2C Fruit 1/2C Milk-8oz	31 Tostito Taco Scoops w/Rice 1/2C Chicken Fajita Bowl ----- Black Beans 1/2C Broccoli 1/2C Fruit 1/2c Milk-8oz		

If your Son or Daughter has a particular food allergy, please contact the food service office @ (716) 688-5323